

### Short current CV of prof. Dr. Alfred Lange (2011)

- Professor of clinical psychology, University of Amsterdam.
- Specialization: integration of cognitive-behavioral therapy, system therapy and directive therapy.
- Chief editor of two Dutch scientific journals
  - Directive Therapy, Dth
  - Gezinstherapie Wereldwijd, GTWW (Family Therapy World Wide)
- Co-editor: Journal of Family Therapy
- Member / Chairman of sections of therapeutic associations: Section Family Therapy of the Association of Behavioral and Cognitive therapy; Scientific Committee of the Association of Couple - en Family Therapy.
- Author of > 300 international scientific publications. Following fields:
  - Family Therapy
  - Cognitive-behavioral and directive therapy
  - Online (web based) psychological treatments and research
  - Posttraumatic stress en complicated grief
  - Sexual abuse
  - Depression
  - Panic- and agoraphobia
  - Work-related stress
  - Conduct and emotional disorders in children, child rearing
  - Eating disorders
  - Experimental research on aggression, effects of van labeling, treatment techniques and outcome studies.
- Author / editor of 17 books (see personal homepage); amongst them the monographs *Directive Family Therapy* (Brunner Mazel, 1983); *Gedragsverandering in gezinnen. Cognitieve gedrags- en systeemtherapie (Behavioral change within the family)* (Wolters-Noordhoff, Groningen, 2006). *Strategieën in Directieve Therapie (Strategies in Directive Therapy)* (Bohn Stafleu van Loghum, Houten 1987) *De Autoritaire Persoonlijkheid en zijn Godsdienstige Wereld (The Authoritarian personality and his religious world; dissertation)*. Van Gorcum, Assen, 1971).
- Several validated (international) tests. Topics: psychopathology, quality of partner relationship, parent-child interaction, aggression, sexual abuse, family of origin scale-Dutch, assessment of the risk of psychosis.
- For details: [www.alfredlange.nl](http://www.alfredlange.nl)

#### Activities in the field:

- Workshops, seminars around the world in: English, German, and Dutch.
- Founder of Interapy ([www.interapy.nl](http://www.interapy.nl)), protocolled online psychological treatment.
- Honorary member of the Association of Behavior & Cognitive therapy (VGCT).
- Honorary member / supervisor of the Dutch Association of Couple and Family Therapy (NVRG)
- Member of the International Society of Research in Internet Interventions (ISRII) (Special Award October 2009).
- Member of the board of the Netherlands Society of Research in Internet Interventions (NSRII)
- Registered supervisor of the Association of Family Lawyers (vFAS).